

**SUNDAY / DOMINGO**

**9:00AM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**6:30PM 1HR Miracles Group**, United Methodist Church Fellowship Hall, 396 E University Ave, Orange City, FL, 32763 **(O,VAR,WC,TC)**

**6:30PM 1HR No Name Meeting**, Mill Lake Park, Behind Veterans Park, 207 E Blue Springs Ave, Orange City, FL, 32763 **(ꜛ)**

**7:00PM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC)** *Within walking distance of SunRail Longwood Station*

**MONDAY / LUNES**

**NOON 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:00PM 1HR A Message of Hope**, Within walking distance of SunRail Longwood Station M-F, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC)** *Within walking distance of SunRail Longwood Station*

**7:30PM 1HR Grateful Living**, Valentine Park, 1511 W French Ave, Orange City, FL, 32763 **(O,VAR,ꜛ,LIT)**

**7:30PM 1HR Living Clean**, Oasis Treatment Center, 951 N. Volusia Ave (17-92) Suite 700, Orange City, FL, 32763 **(O,D,LIT)**

**TUESDAY / MARTES**

**NOON 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC,LIT)** *Within walking distance of SunRail Longwood Station*

**5:30PM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,WC,ꜛ,LIT)** *Within walking distance of SunRail Longwood Station*

**6:30PM 1HR Glenwood Meeting**, Glenwood Presbyterian Church, 3190 Grand Ave, DeLand, FL, 32720 **(O,D,WC,TC)**

**7:00PM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC,LIT)**

**7:00PM 1HR New Beginnings**, St. Ann's Catholic Church, 26 Dogwood Trail, Debary, FL, 32713 **(VAR,WC,NS,ꜛ,NC,LIT)**

**7:30PM 1HR Recovery With a Heart**, Neighborhood Center, Outside Patio, 434 N Woodland Blvd, DeLand, FL, 32720 **(O,D,SMK,WC,ꜛ,TC)**

**WEDNESDAY / MIÉRCOLES**

**NOON 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,VAR,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:00PM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,VAR,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:00PM 1HR Primary Purpose**, Cornerstone Church, 2813 Howland Blvd., Deltona, FL, 32725 **(C,O,VAR,STP,NS,TC)**

**7:30PM 1HR We Do Recover**, First Christian Church, 1401 W New York Ave, DeLand, FL, 32720 **(O,VAR,WC,TC,VM)**

**THURSDAY / JUEVES**

**NOON 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:00PM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,D,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:00PM 1HR No Matter What**, Oasis Treatment Center, 951 N. Volusia Ave STE 700, Orange City, FL, 32763 **(O,VAR,ꜛ,LIT)**

**7:30PM 1HR Welcome Home Group**, First Christian Church, 1401 W. New York Ave, DeLand, FL, 32720 **(O,VAR,WC,TC)**

**FRIDAY / VIERNES**

**NOON 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,VAR,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:00PM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,VAR,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:00PM 1HR Principles Before Personalities**, First Christian Church, 401 W New York Ave, DeLand, FL, 32720 **(RF,NS,TC)**

**7:15PM 1HR Grateful Living**, Valentine Park, 1511 W French Avenue, Orange City, FL, 32763 **(O,D,VAR,WC,ꜛ)**

**SATURDAY / SÁBADO**

**9:00AM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,VAR,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**4:30PM 1HR All Things Spiritual**, Oasis Treatment Center, 951 N Volusia Ave, Orange City, FL, 32763 **(O,S,ꜛ,LIT)**

**7:00PM 1HR A Message of Hope**, 128 E. Bay Ave., Longwood, FL, 32750 **(O,CW,VAR,WC,ꜛ)** *Within walking distance of SunRail Longwood Station*

**7:30PM 1HR We Do Recover**, First Christian Church, 1401 W New York Ave, DeLand, FL, 32720 **(O,VAR,WC,TC,VM)**

**8:00PM 1HR When at the End of the Road**, Stetson Baptist Church, 1025 W Minnesota Ave, DeLand, FL, 32720 **(O,CAN,VAR,WC,NS,TC)**

**HELPLINES**

Area 1 Number 1  
Area 2 Number 2

**SERVICE MEETINGS**

**PHONE NUMBERS**

Horizontal lines for phone numbers



**UNITY SPRINGS AREA**

**Meeting List**

**MAY 2020**

**24 Hour Toll Free Helpline**

**888-385-3121**

**For latest information visit our website at  
UnitySpringsNA.org**

**SUGGESTIONS FOR EVERYONE**

- DON'T USE no matter what**
- Ask your Higher Power to keep you clean**
- Come early and stay late**
- Go to 90 meetings in 90 days**
- Read NA literature daily**
- Get and use a sponsor**
- Use the PHONE**

**KEEP COMING BACK. IT WORKS**

**What is our message?**

**The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.** Basic Text, page 65

**MEETING FORMAT LEGEND**

C	Closed to Non-Addicts	CAN	Candlelight
CW	Children Welcome	D	Discussion
LIT	Literature Study	NC	No Children
NS	No Smoking	NS	No Smoking
O	Open to Everyone	RF	Rotating Format
S	Spiritual Principals	SMK	Smoking Permitted
STP	Step	TC	Temporarily Closed
VAR	Format Varies	VM	Virtual Meeting
WC	Wheelchair	⌘	Outdoor Meeting

any facility on this meeting list.